

Sport, fitness and massage

If your passion is sport, fitness and massage, leap into a dynamic career with Chisholm.

When you forge a career in sport, fitness or massage, you join an industry that impacts the health of Australians.

At Chisholm we can get you there with unique benefits through our industry partners or a pathway to combine sport and study through the Chisholm Sports Academy.

In our sport-mad nation, there are many ways to enjoy a career in sports, fitness and massage. From managing sport and fitness centres to coaching,

administration or massage therapy, qualified professionals are in strong demand.

Our courses will help you develop self-esteem, emotional intelligence, self-discipline, time management, a strong work ethic, problem-solving techniques, teamwork, communication skills and leadership.

These attributes are exactly what employers and coaches are looking for.



For a full list of sport, fitness and massage courses and the latest course information, including entry requirements, payment options and intakes, visit chisholm.edu.au/sports.



Student story Ryan

Ryan has always loved basketball and has been playing since the age of five.

After finishing high school, Ryan spent five years working as a carpenter, but eventually decided it wasn't something he wanted to do for the rest of his life.

Ryan successfully applied for the Chisholm Sports Academy's basketball program, which helps aspiring athletes to pursue their athletic dreams while also completing their secondary school studies or while pursuing a career in the Sport and Recreation industry at certificate or diploma level.

Ryan completed the Diploma of Sport and Recreation Management/Diploma of Sport (Development and Coaching).

During his studies, Ryan spent four days a week studying, and on three of the days he would train for two hours in the morning.

"Through COVID, the learning environment at Chisholm was challenging, however teachers were readily available to assist students in any way they needed," he says.

"I enjoyed most of the content this course had to offer, especially the practical assessments we were able to complete. The units delving into the human anatomy and biomechanics also equipped students with appropriate knowledge needed to enter the sport and recreation field."

After graduating, Ryan scored a casual job with Global Wellness Tracking, a company that specialises in sports performance testing.



Aquatics

Certificate III in Aquatics and Community Recreation – Traineeship SIS31015*

Duration: 9 months part time **Location:** W

Swimming and Water Safety Teacher Skill Set SISSS00112*

Duration: 2 days full time **Location:** W

Massage

Certificate IV in Massage Therapy HLT42015*

Duration: 34 weeks full time **Location:** F

Diploma of Remedial Massage HLT52015*

Duration: 1 year full time **Location:** F

Sport recreation and fitness

Certificate III in Fitness SIS30321

Duration: 20 weeks full time **Location:** OC

Certificate IV in Fitness SIS40221

Duration: 20 weeks full time **Location:** OC

Diploma of Sport SIS50321

Duration: 1 year full time **Location:** B

*This course has been superseded and will transition to a new version in the coming months. Please visit our website for current information about these courses and replacement courses which may or may not include changes to units and course duration. Training packages undergo regular reviews and updates by national industry bodies to ensure they reflect current industry practice.

Locations

B Berwick, **BC** Bass Coast, **BT** Berwick TEC, **C** Cranbourne, **D** Dandenong, **F** Frankston, **MP** Mornington Peninsula, **O** Online, **OC** Off Campus Delivery, **S** Springvale, **W** Workplace.

Fast facts

- > Strong future growth predicted for amusement, fitness and sports centre managers*
- > Keep fit and practice wellness while helping other people do the same.

*Source: <https://joboutlook.gov.au/occupations/amusement-fitness-and-sports-centre-managers?occupationCode=1491>



Download your full digital copy of the 2024 course guide at chisholm.edu.au/publications.



Correct at time of print. Subject to change. Visit chisholm.edu.au for the latest course and enrolment information. 2741_0923 CRICOS No 00881F RTO No 0260 TEQSA PRV12123. Training to eligible students is delivered with Victorian and Commonwealth Government funding.

